



Long Sutton Primary School Menu Week 2



Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Chicken Noodles and Broccoli	Beef Lasagne, Garlic Bread and Carrot Sticks	Sausages, Mash and Beans	Gammon, New Potatoes, Peas, Carrots and Gravy	Salmon Fishcakes, Chips and Peas
Main 2	Vegetable Noodles and Broccoli	Vegetable Lasagne, Garlic Bread and Carrot Sticks	Quorn Sausages, Mash and Beans	Cauliflower Cheese, New Potatoes, Peas, Carrots and Gravy	Vegetable Fingers, Chips and Peas
Main 3	Wholemeal Tuna Mayonnaise Sandwich with Salad	Jacket Potato with Coleslaw and Salad	Jacket Potato with Cheese and Salad	Wholemeal Cheese Sandwich with Salad	Ploughmans Salad with Cheese, Ham, Egg, Bread and Butter
Dessert	Yoghurt and Watermelon	Blueberry Muffin	Jelly and Fruit	Lemon Drizzle Cake	Ice Cream
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Drinks	Water	Water	Water	Water	Water
Extra bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread

Weeks Commencing 28th April, 19th May, 9th June, 30th June, 21st July

